

WHO SHOULD I CALL ABOUT...

Maine women told us they wanted health insurance information that uses everyday language to help navigate their health insurance coverage and options, so we made this.

- Purchasing a plan
- Updating my application
- Canceling coverage
- Financial help

CoverME.gov

Phone: 1-866-636-0355

TTY: 711

- Billing and payments
- Claims questions
- Finding a provider
- Plan benefits and coverage

Your Insurance Company

Anthem: 1-800-331-1476

Community Health Options:
(855) 624-6463

Harvard Pilgrim: (888) 888-4742

Mending: (877) 522-5151

Delta Dental: (207) 282-0404

- Scam or junk plans
- Reviewing a denied claim
- Insurance company mistakes
- Licensed brokers and companies

Maine's Bureau of Insurance

Phone: 207-624-8475

TTY: 711

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