

WHO SHOULD I CALL?

Health Coverage During Pregnancy and After Baby Arrives

Women have enough to think about while pregnant or after a new baby is born. Use this resource to help you know who to call when you need help navigating your CoverME.gov health coverage.



CoverME.gov

- ✓ **Enrolling in a plan**
- ✓ **Updating my application**
e.g. add a new baby
- ✓ **Canceling coverage**
e.g. after becoming eligible for MaineCare due to pregnancy
- ✓ **Financial assistance**
to help lower premium bills



Phone

1-866-636-0355

TTY: 711



Your Insurance Company

- ✓ **Plan billing & payments**
- ✓ **Claim questions**
e.g. why was I billed for an ultrasound?
- ✓ **Finding a provider**
- ✓ **Plan benefits & coverage**
e.g. Is my OB-GYN in network? Is a test my provider recommended covered?



Phone

Anthem: 1-800-331-1476

Community Health Options:
(855) 624-6463

Harvard Pilgrim: (888) 888-4742

Delta Dental: (207) 282-0404



Maine's Bureau of Insurance

- ✓ **Scam or junk plans**
e.g. I was sold a plan that I thought was a CoverME.gov plan and the plan does not cover pregnancy
- ✓ **Support with a claim**
e.g. dispute about lactation consulting that was not fully covered by my insurance plan
- ✓ **Insurance company mistakes**
- ✓ **Licensed bureaus and companies**



Phone 207-624-8475
TTY: 711