

# MAINE MOM

HOPE • SUPPORT  
RECOVERY



## **Motherhood is a journey.** *Take the first step toward recovery.*

Substance use disorder is a disease and it is okay to need support and resources as you continue on your path towards being the mom you want to be. MaineCare covers MaineMOM services. MaineMOM can connect you to specialists who will:

- Advocate for you and your baby.
- Provide you with counseling, support, and treatment, including medications.
- Work with you to develop a treatment plan and provide referrals for other services you might need during and after your pregnancy like health care, housing, or transportation.
- Introduce you to other moms who have experienced what you are going through.
- Provide safe and supportive care for you and your baby while you are in the hospital.
- Answer your questions and make sure you are part of the team caring for your baby.
- Provide care in a baby-friendly setting.
- Work with you to develop a plan for birth control after your baby is born, if you would like.



Talk with your provider  
or visit [MaineMOM.org](https://MaineMOM.org)

