

WOMEN'S HEALTH:

NO-COST PREVENTIVE CARE TO SUPPORT A HEALTHY PREGNANCY

All health insurance plans offered through CoverME.gov include certain preventive services at no cost to you, even if you have a deductible. These services can help support a healthy pregnancy. To receive them at no cost, you usually must use an in-network provider and not have symptoms or a medical condition related to the service.

PRE-PREGNANCY, INCLUDING:

- ✓ Annual exams with a primary care provider
- ✓ Well-women's exams with a specialist (e.g. OB/GYN)
- ✓ Urinary incontinence screening
- ✓ Breast & cervical cancer screenings
- ✓ Blood pressure, cholesterol, & diabetes screenings
- ✓ Immunizations
- ✓ Obesity screening & counseling
- ✓ Anxiety & depression screenings
- ✓ Syphilis, HIV, & hepatitis B screenings
- ✓ Domestic & interpersonal violence screening & counseling
- ✓ Tobacco use intervention & counseling

DURING PREGNANCY, INCLUDING:

- ✓ Routine prenatal visits
- ✓ Hypertensive disorders of pregnancy screening
- ✓ Gestational diabetes screening & Rh(D) blood typing
- ✓ Folic acid supplementation
- ✓ Healthy weight & weight gain during pregnancy counseling
- ✓ Breastfeeding counseling, services, & supplies
- ✓ Depression & anxiety screening, & preventive interventions
- ✓ HIV, chlamydia, gonorrhea, syphilis, & Hepatitis B screening
- ✓ Substance use screening & assessment
- ✓ Tobacco screening & counseling

POSTPARTUM, INCLUDING:

- ✓ Breastfeeding counseling, services, & supplies
- ✓ Folic acid supplementation
- ✓ Urinary incontinence screening
- ✓ Depression & anxiety screening, & preventive interventions
- ✓ Diabetes screening
- ✓ Domestic & interpersonal violence screening & counseling
- ✓ Substance use screening & assessment
- ✓ Tobacco use screening & counseling